

English Tutorial Classes Week 13

1. Choose the correct answer:

1. In races held in a pool, each swimmer must swim in their own:
a) section b) lane c) alley d) path
2. The distance from one end of a pool to the other is called a lap or:
a) a width b) a depth c) a length d) a density
3. The "frog kick" is the kicking style used in:
a) breaststroke b) backstroke c) butterfly d) crawl
4. The fastest swimming stroke is called freestyle or:
a) Australian crawl b) Australian style c) Australian stroke d) Australian open
5. Both arms are rotated forward at the same time in:
a) freestyle b) breaststroke c) butterfly d) frontstroke
6. The only races that don't begin with swimmers diving into the water are:
a) butterfly races b) breaststroke races c) backstroke races d) crawl races

2. Fill in the gaps with the words from the box:

1. Some people like to swim in a lake or in the ocean, but I prefer to swim in a _____.
2. I want to learn how to swim faster so that I can _____ against other swimmers.
3. I can't swim so I don't like _____ water.
4. Of course, everyone must _____ air.
5. _____ keep water out of your ears.
6. The water at this side of the pool is not deep. It's _____.
7. I just swam thirty _____s of the pool, from one end to the other!
8. Some people wear a _____ to cover their hair when they swim.
9. If you can't swim, you may _____ under the water.
10. If you sink under the water, you may _____.
11. Of course, people don't wear their ordinary clothes when they swim. They wear _____s.
12. My friend knows how to _____ on top of the water for a long time without swimming.
13. _____ keep water out of your eyes.

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14. I never swim at the _____ in the winter because it's too cold. I prefer to swim at an indoor swimming pool.

15. A _____ is a person who watches you swim and can save you if you are drowning.

beach	breathe	compete	deep	drown	ear plugs	float	goggles
lap	lifeguard	pool	shallow	sink	swim cap	swimsuit	

3. Translate the following sentences:

1. Locomotion is achieved through coordinated movement of the limbs and the body.

2. On average, the body has a relative density of 0.98 compared to water, which causes the body to float.

3. To be more hydrodynamically effective, swimmers can either increase the power of their strokes or reduce water resistance.

4. Zbog svoje specifičnosti i važnosti, vežbe disanja u svim planovima i programima za obuku neplivača primenjuju se na svakom času.

4. Carefully read the words and try to match them to the definitions.

Umpire	Equal score in the game after six points have been played.
Ball boys/girls	A tennis teacher.
Serve	The official who keeps the score and ensures that the rules are followed.
Rally	The ball which is hit high into the air.
Net	The act of striking the ball to start play.
Lob	This means nothing (nil) to a tennis player.
Ace	Boys or girls who collect the balls and give them to the players.
Deuce	A winning serve that the opponent fails to even touch with their racket.
Love	The strokes played before point is won.
Volley	The name given to the shot played before the ball bounces.
Coach	An obstacle that divides the court across its center.