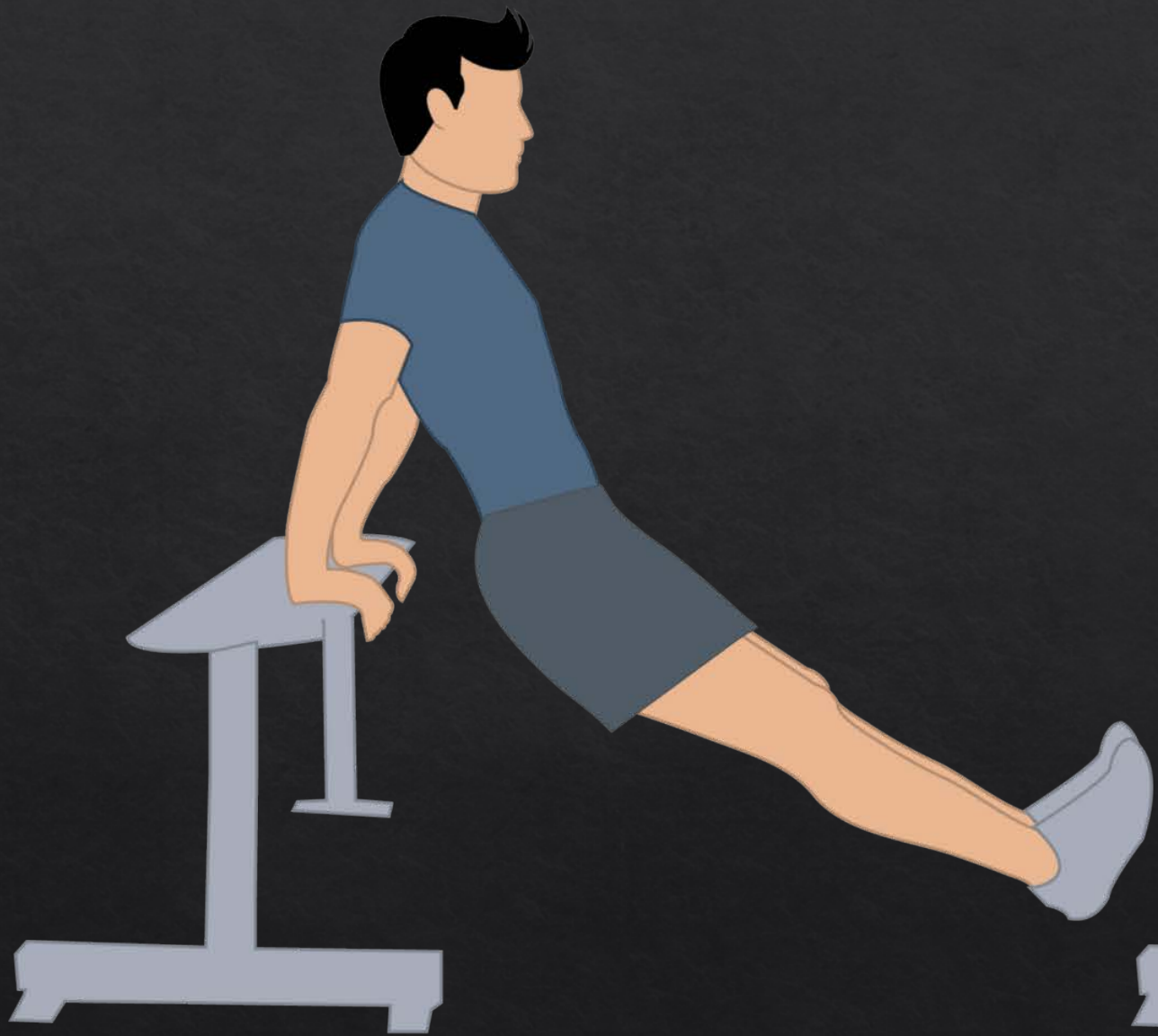


1. Name the calisthenic exercises:

















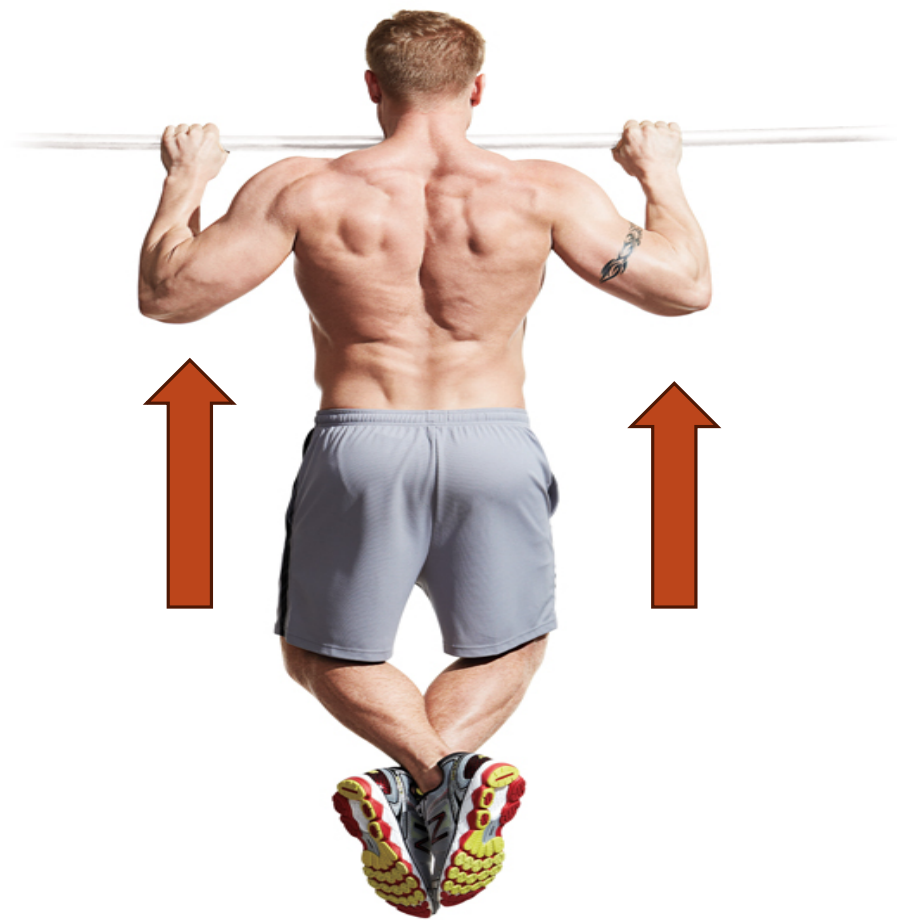
















Key:

1. Burpees
2. Wall sit
3. Dips
4. Lunges
5. Leg raises
6. Squats
7. Push-ups
8. Sit-ups (or crunches)
9. Chin-ups
10. Handstand
11. Plank
12. Calf raises
13. Jumping jacks
14. Pull-ups
15. Russian Twists
16. Mountain Climbers