

## PERSONAL INFORMATION



## Milos Paunović

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Sex Male | Date of birth 10.10.1985. | Nationality Serbian

## POSITION

An assistant professor on Artistic gymnastic, Faculty of Sport and Physical Education, University of Niš, Niš, Serbia

## WORK EXPERIENCE

- 2012 – 2013 The coach at the gymnastic club "Niš", working with categories:
  - Pre-school age,
  - School age (I to VIII grade of elementary school, I to IV grade of high school),
  - Students of the Faculty of Sport and Physical Education,
  - Competitors of the gymnastics club "Niš" (I, II and III selection, juniors and seniors).
- 2013 – 2014 The coach at the gymnastic club "Niš", working with categories:
  - Competitors of the gymnastics club "Niš" (I, II and III selection, juniors and seniors).
- 2012 – 2013 Student assistant at the Faculty of Sport and Physical Education on Artistic gymnastics, University of Niš, Niš, Serbia
- 2013 – 2014 Student assistant at the Faculty of Sport and Physical Education on Artistic gymnastics, University of Niš, Niš, Serbia
- 2014 – 2017 An assistant professor on Artistic gymnastic, Faculty of Sport and Physical Education, University of Niš, Niš, Serbia.

## EDUCATION AND TRAINING

- 2004 – 2010 Faculty of Sport and Physical Education, University of Nis, graduate professor of physical education (Average grade 8.25). Graduation thesis "Differences in execution technique of basket from handstand to handstand on parallel bars with top gymnasts."
- 2010 – present Faculty of Sport and Physical Education, University of Nis, PhD studies, currently a third year student (Average grade 8.64).
- 2013 – present International Judge Class III, FIG Brevet

## PERSONAL SKILLS

Mother tongue(s) Serbian

Other language Excellent knowledge of English (reading, writing and conversation)

Communication skills

- good communication skills gained through experience as lecturer, coach and competitor – gymnast;
- team work skills developed at national and international artistic gymnastics clubs and academic society;

Organisational / managerial skills

Good organisational skills gained as coach in Artistic gymnastics club "Niš" and as assistant professor on Faculty of Sport and Physical Education in Niš

Job-related skills

- good command of quality control processes
- Secretariat for International Congress "FIS Communications 2015"

Digital competence

- good command of office suite (word, excel, power point)
- good command with Windows and Android operating system

Driving licence

A and B

ADDITIONAL INFORMATION

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- Publications**
- Veličković, S., Kolar, E., Kugovnik, O., Madić, D., Aleksić-Veljković, A., Paunović, M. (2013). Predikcija uspešnosti kovrtljaja do stava u uporu na razboju bazirana na kinematičkim parametrima – studija slučaja. (Prediction of the success of the basket to handstand on parallel bars based on kinematic parameters – a case study). *FactaUniversitatis: Series Physical Education And Sport*, 11, (1): 9-21.UDC 796.41:531.1
- Paunović, M. et al. (2016). A study on anthropological status and biomechanical efficiency of the elite Serbian athletes. In: SašaBubanj (Ed.). Faculty of Sport and Physical Education, University of Niš. Chapter 8
- Veličković, S., Paunović, M., Vukašinić, V. (2016). Validity of the „FallBack“ Test for Boldness. *Revija za elementarno izobraževanje (The journal of elementaryeducation)*, Vol. 9, Num 1-2: 21-32. UDC 159.9:796-053.5
- Veličković, S., Paunović, M., Vukašinić, V. (2016). Sistematizacija prethodnih istraživanja vežbi na razboju. (Systematization of previous researches of exercises on parallel bars). *FactaUniversitatis: Series Physical Education And Sport*, 14, (1): 51-62.UDC 796.41:615.851
- Veličković, S., Paunović, M., Madić, D., Vukašinić, V. (2016). Proposed method of identification of technical errors in artistic gymnastic: case study. *Science of Gymnastics Journal*, Vol. 8 Issue 1: 43 – 56.
- Conferences**
- Aleksić-Veljković, A., Petković, E., Herodek, K., Stankovic, M., Paunović, M. (2013).Povezanost između statičke ravnoteže i uspeha na gredi kod mladih gimnastičarki (Relationship between static balance and success on the balance beam).*XVI Scientific Conference „Fis Communications 2013“ in physical education, sport and recreation and I International Scientific Conference*. September 18-19, Nis, Serbia. pp. 27-32. ISBN 978-86-87249-53-0
- Paunovic, M., Velickovic, S., Aleksic-Veljkovic, A. (2013).Unutrašnje opterećenje prilikom doskoka u sportskoj gimnastici u zavisnosti od strukture strunjača. (Internal load during the landing in artistic gymnastic depending on the mat structure). *International Scientific Conference Effects of Physical Activity Application to Anthropological Status with Children, Youth and Adults*, Beograd 11-12. Decembar 2013. pp. 623-647. ISBN 978-86-80255-99-6
- Velickovic, S., Paunovic, M., Aleksic-Veljkovic, A., Filipovic, D. (2013). Osobe sa posebnim potrebama i sport. (People with disabilities – invalidity and sport). *International Scientific Conference Effects of Physical Activity Application to Anthropological Status with Children, Youth and Adults*, Beograd 11-12. Decembar 2013. pp. 393-403. ISBN 978-86-80255-99-6
- Paunović, M., Veličković, S., Aleksić-Veljković, A., Kurtev, Z., Filipović, D. (2014). Determine the best way of forming the final results in a composite coordination tests. *XVII International Scientific Conference „Fis Communications 2014“ in physical education, sport and recreation*, Niš, Serbia, October 16-18. pp. 85-92. ISBN 978-8687249-85
- Veličković, S., Paunović, M., Uzunović, S., Stojanović, N., Madić, D., Vukašinić, V. (2015). Application of motoric measuring instruments in the process of talent identification for artistic gymnastics. *XVII International Scientific Conference „Fis Communications 2015“ in physical education, sport and recreation*, Niš, Serbia, October 15-17. pp. 85-92. ISBN 978-86-87249-71-4
- Honours and awards**
- The best athlete of the city of Niš in 2013
- Sports results**
- Active competitor – gymnast at Artistic Gymnastics Club "Niš"  
The current national champion, winner of the Cup of Serbia and the winner of the Absolute Championship of Serbia  
Standard member of the national team of Serbia since 1998,
- European Championships**
- Participant of 8 European Championships:
- European Championships 2004 Ljubljana-Slovenia, 54. Place All-Around
  - European Championships 2005. Debrecen-Hungary, 53. Place All-Around
  - European Championships 2007. Amsterdam-Netherlands, 54. Place All-Around

- European Championships 2008. Lozana-Switzerland, 25. Place All-Around (27 Place with the national team of Serbia)
- European Championships 2009. Milano-Italy, 38. Place All-Around
- European Championships 2010. Birmingham-England, 27. Place All-Around
- European Championships 2011. Berlin-Germany, 55. Place All-Around
- European Championships 2014. Sofia-Bulgary, 24. Place All-Around (24 Place with the national team of Serbia - achieved the norm for the first European Games in Baku, Azerbaijan)

#### World Championships

Participant of 4 World Championships:

- World Championship 2007, Stuttgart-Germany, 123. Place All-around
- World Championship 2009. London-England, 69. Place All-around
- World Championship 2011. Tokyo-Japan, 135. Place All-around
- World Championship 2015. Glasgow-Scotland, 141. Place All-around

#### University games

Participant of 3 University games:

- Universiade 2005 Izmir-Turkey, 64. Place All-Around
- Universiade 2007. Bangkok-Thailand, 45. Place All-Around
- Universiade 2009. Belgrade-Serbia, 22. Place All-Around (Participant of All-around finals - the best 24 gymnasts, 17 Place with the national team of Serbia)

#### Other results

Participant of the first European Games in Baku-Azerbaijan 2015:

- 47. Place All-around (20 Place with the national team Serbia)

A bronze medalist at the World Cup in Maribor in 2006 on vault

Multiple national champion, winner of the Serbian Cup and the winner of the Open Championship of Serbia.

National Championships (National and Open Championship):

- First Place (gold medal), 42
- Second Place (silver medal), 18
- Third Place (bronze medal), 6