## Assistant professor Ljiljana Bjelakovic, MD, PhD,

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## Personal Information

**Birthdate:** Octobar 19<sup>th</sup>, 1975, Niš, SERBIA

Career history	
2012 - Present	The University of Niš, Faculty of Sport and Physical Education  Position: Assistant Professor, Hygiene (obligatory subject), Health Education (optional subject)  Obligation and duties: teaching theoretical and practical lessons, assessment of theoretical and practical work, consultations with students
2011 - 2012	The University of Niš, Faculty of Sport and Physical Education <u>Position:</u> Assistant, Hygiene (obligatory subject) <u>Obligation and duties:</u> teaching practical lessons, assessment of practical work, consultations with students

Education	
2013	Begin the specialization of Sport Medicine at the University of Niš, Medical Faculty
2012	Defended PhD thesis titled ,,Variations of the Enyzmes of Human Milk in the First Monthy of Lactation with Empahsis on Folic Acid effect. The University of Niš, Medical Faculty,
2006 - 2010	The University of Niš, Medical Faculty, PhD studies
1998-2005	Medical studies at the Medical Faculty University of Nis, Serbia
Skills	
Languages:	Serbian (mother tongue) English (intermediate B1, independent user, fluent and good command in speaking, reading and writing) German(A2, basic user)
Computers:	Microsoft Office Packages (Word, Excel, Power Point), Internet, Photoshop
Personal qualiti	ies: Analitycal, good communication skills,responsible,hard-working

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- 2. Kocic, G., Bjelakovic, L., Bjelakovic, B., Jevtoci-Stoimenov, T., Sokolovic, D., Cvetkovic, T., ... Jonovic, M. (2014). Impact of folic acid supplementation on single- and double-stranded RNA degradation in human colostrum and mature milk. Journal of Medicinal Food, 17(7), 804–9.
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- 4. **Bjelakovic, L.**, Kocic, G., Bjelakovic, B., Najman, S., Stojanović, D., Jonovic, M., Pop-Trajkovic, Z.(2012). Polyamine oxidase and diamine oxidase activities in human milk during the first month of lactation. *Iranian Journal of Pediatrics*, 22(2): 218-222.
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- 8. **Bjelakovic, L.**, Kocic, G., Stojanovic, I., Jevtovic-Stoimenov, T., Najman, S., Sokolovic, D., Stojanovic, S., Bjelakovic, G.(2012). Folic Acid Effect on Arginase Activity in Human Colostrum and Mature Milk. *Pteridines*, 23, 33-38.

- 9. Veličković, D., Ristić, M., **Bjelaković, L.**, Karabegović, I., Stojičević, S., Lazić, M., Randjelović, N.( 2012). Chemical composition of Dictamnus albus L. essential oil from Serbia. *Agro*FOOD *industry hi-tech*,23(3), 4-6.
- 10. Mladenovic-Ciric, I., Stoiljkovic, S., **Bjelakovic, L.**, Nikolic, M., Djurdjevic, S., Pirsl, D.(2012). Difference in the heart rate and blood lactate level in football and handball female players during the Conconi test. *HealthMED*, 6(6), 2004-2009.
- 11. Mladenovic-Ciric, I., Stoiljkovic, S., Stefanovic, N., Djurdjevic, S., **Bjelakovic, L.**, Pirsl, D.( 2012). Anaerobic threshold determination by direct blood lactate measurements with and without warm up protocol in female athletes. *HealthMED*, 6(6), 2147-2152.
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