



UNIVERSITY OF NIŠ

Course Unit Descriptor

Faculty

Faculty of Sport and Physical Education

GENERAL INFORMATION

Study program

Basic Professional Studies, Sport

Study Module (if applicable)

Course title

Beach volleyball

Level of study

Bachelor academic
 Bachelor professional Master's Doctoral

Type of course

Obligatory Elective

Semester

Autumn Spring

Year of study

Second

Number of ECTS allocated

6

Name of lecturer/lecturers

Dragan Nejić, Ph.D, full professor

Teaching mode

Lectures Group tutorials Individual tutorials
 Laboratory work Project work Seminar
 Distance learning Blended learning Other

PURPOSE AND OVERVIEW (max. 5 sentences)

The goal of beach volleyball as a sport game is to acquire knowledge and skills as part of the study of sport and physical education, its development, methods, and fields that enable the students to apply basic means and methods of education in educational activities. Students will be able to understand the basic principles of volleyball, to acquire theoretical knowledge and practical skills and apply them in the classroom, which is planned by certain programs, depending on the age of the students, then apply some methods to study in school and sports practice.

SYLLABUS (brief outline and summary of topics, max. 10 sentences)

Historical development of volleyball. The theory of volleyball training, mechanics volleyball. Technique without the ball and techniques with the ball - the ball rebounding. The technique with the ball – serving, techniques with the ball - an attack, technique with the ball – block, technique with the ball lift. Serving, serve from the jump. The defense field, reception service, reception of a spike, Sorbent, sun, spindle. Methods of teaching, subject teaching methodology of volleyball. Methodology of coaching volleyball techniques. Tactics, skill base. Volleyball fitness.

LANGUAGE OF INSTRUCTION

Serbian (complete course) English (complete course) Other _____ (complete course)

Serbian with English mentoring Serbian with other mentoring _____

ASSESSMENT METHODS AND CRITERIA

Pre exam duties	Points	Final exam	points
Theory + practicals	10	Practical examination	10
Teaching colloquia 1 (theory)	15	Theory examination	20
Teaching colloquia 2 (practicals)	20		
Seminar paper / Test	15		
Activity during lectures	10	OVERALL SUM	100

*Final examination mark is formed in accordance with the Institutional documents