



UNIVERSITY OF NIŠ

Course Unit Descriptor

Faculty

Faculty of Sport and Physical Education

GENERAL INFORMATION

Study program

Basic Professional studies, Sport

Study Module (if applicable)

Course title

Selected sport - theory

Level of study

Bachelor professional Master's Doctoral

Type of course

Obligatory Elective

Semester

Autumn Spring

Year of study

Third

Number of ECTS allocated

7

Name of lecturer/lecturers

The teacher selected sports

Teaching mode

Lectures Group tutorials Individual tutorials
 Laboratory work Project work Seminar
 Distance learning Blended learning Other

PURPOSE AND OVERVIEW (max. 5 sentences)

Gaining knowledge about the specialty of the theory of chosen sport. Providing real experience of coaching and competition. Rational connection between the theory of the chosen sport to the theory and practice of other disciplines. Linking theory to practice of sports technology. Sports and sporting theory of knowledge as a basis for special application of scientific methods.

SYLLABUS (brief outline and summary of topics, max. 10 sentences)

Theory: Nature of sports activities in training and competition; entities with sports activities; professional practice of all categories of professionals; Relations of sports technology with culture and all social systems; scientific methods. The contribution of the chosen sport to the individual development of sports undertakings and social progress. Importance of sports training environment for efficiency; Social sports organizations; Validation of chosen sport. Historical development of selected sports, Orientation, Selection, Models, Modeling, Training and competition. Practicals: Independent research of sport system, of clubs, organization of training, the effects of competition. The use of information technology. The practice of scientific research and understanding of the process of forming scientific information in sport. Orientation, selection and modeling in the chosen sport. Competition rules.

LANGUAGE OF INSTRUCTION

- Serbian (complete course) English (complete course) Other _____ (complete course)
- Serbian with English mentoring Serbian with other mentoring _____

ASSESSMENT METHODS AND CRITERIA

Pre exam duties	Points	Final exam	points
Theory and practicals active participation	10	Oral examination	40
Colloquium 1	25		
Colloquium 2	25	OVERALL SUM	100

***Final examination mark is formed in accordance with the Institutional documents**