



# UNIVERSITY OF NIŠ

**Course Unit Descriptor**

**Faculty**

**Faculty of Sport and Physical Education**

## GENERAL INFORMATION

Study program

**Basic Professional Studies, Sport**

Study Module (if applicable)

Course title

Mini handball

Level of study

Bachelor academic  
 Bachelor professional       Master's       Doctoral

Type of course

Obligatory       Elective

Semester

Autumn       Spring

Year of study

Second

Number of ECTS allocated

6

Name of lecturer/lecturers

Saša Marković, Ph.D, full professor

Teaching mode

Lectures       Group tutorials       Individual tutorials  
 Laboratory work       Project work       Seminar  
 Distance learning       Blended learning       Other

## PURPOSE AND OVERVIEW (max. 5 sentences)

*Enabling students to understand and gain knowledge on Mini handball curriculum. By mastering the Mini handball curriculum students will be able to use theoretical and practical knowledge in the area of Mini handball.*

## SYLLABUS (brief outline and summary of topics, max. 10 sentences)

Historical development of mini handball and theoretical Foundations of mini handball training and competition. Characteristics of mini handball in the world (IHF, EHF) and Serbia (RSS). The terms and definitions, expertise and specific techniques and tactics. Methodology of the training elements of the art mini handball game, movement without the ball and mini handball. The basic position of the mini handball, receiving the ball, throwing the ball, feinting, techniques corner. Individual, group and team (collective) tactics, the game features a system of attack and defense. Modern methods for analysis and assessment of the technical and tactical elements. Specialty and specificity mini rukometaškog didactic and methodical process (means, methods, principles, organization, control). Characteristics of training mini handball due to age characteristics and gender differences work in mini handball schools. Characteristics of the education of sports trainers.

## LANGUAGE OF INSTRUCTION

Serbian (complete course)       English (complete course)       Other \_\_\_\_\_ (complete course)

Serbian with English mentoring       Serbian with other mentoring \_\_\_\_\_

#### ASSESSMENT METHODS AND CRITERIA

Pre exam duties	Points	Final exam	points
Theory + practicals	10	Practical examination	15
Teaching colloquia 1	20	Oral examination	15
Teaching colloquia 2	20		
Seminar paper	8		
Test of mini handball rules	20	OVERALL SUM	100

\*Final examination mark is formed in accordance with the Institutional documents